

SALAD BAR

DESIGN YOUR OWN



Your Choice of Greens (Mixed Greens, Spinach, Kale, Romaine Lettuce)
 Small Bowl 2.75 Large Bowl 3.50

Your Choice the Items Below **0.50 Each**
 Bell Pepper, Broccoli, Cucumber, Tomatoes, Shredded Carrots, Corn, Chickpeas, Olives, Kidney Beans, Hot Peppers, Sweet Peppers, Spinach, Cauliflower, Mixed Veggies, Pickles, Cherry Tomatoes, Croutons, Onions

Your Choice the Items Below **0.75 Each**
 Egg, Dried Cranberries, Raisins, Sliced Almonds, Walnuts, Sunflower Seeds, Mandarin Orange, Sesame Noodles, Grape Leafs, Artichoke Hearts

Your Choice the Items Below **1.00 Each**
 Pico de Gallo, Cashews, Grilled Vegetables, Cheddar Cheese, Crumble Blue Cheese, Feta Cheese, Shaved Parmesan, Mixed Cheese, Shaved Mozzarella, Goat Cheese, Mushroom, Avocado

Your Choice the Items Below **2.00 Each**
 Turkey, Ham, Honey Turkey, Grilled Chicken, Crispy Chicken, Pesto Chicken, Teriyaki Chicken, Buffalo Chicken, Italian Chicken, Honey Mustard Chicken, Chipotle Chicken, BBQ Chicken, Jerk Chicken, Mexican Chicken, Lemon Pepper Chicken, Tuna Salad, Egg Salad, Chicken Salad, Curry Chicken Salad

Salad Dressing
 Caesar, Italian, French, Russian, Thousand Island Ranch, BBQ, Chipotle Mayo, Blue Cheese, Olive Oil, Balsamic, Vinegar, Balsamic Vinaigrette, Buffalo, White Vinegar, Honey Mustard, Asian Sesame Ginger, Yellow Mustard, Spicy Brown Mustard, Mayo, Lemon Juice, Hof Sauce

COLD CUTS



Extra Meat 2.00 • Extra Cheese 1.00

	ROLL	HERO	PER LB.
Oven Roast Turkey	5.00	6.00	9.99
Honey Turkey	5.00	6.00	9.99
Cajun Turkey	5.00	6.00	9.99
Salsalito Turkey	5.00	6.00	9.99
Pepper Mill Turkey	5.00	6.00	9.99
Classic Chicken	5.00	6.00	9.99
Buffalo Chicken	5.00	6.00	9.99
Chipotle Chicken	5.00	6.00	9.99
Roast Beef	5.50	7.00	10.99
Pastrami	5.50	7.00	10.99
Beef Salami	5.00	6.00	9.99
Beef Bologna	5.00	6.00	9.99
Corned Beef	5.00	6.00	9.99
Any Kind of Cheese			8.99

PANINIS

6.50



- **Delightful** Honey Glazed Turkey, Jarlsberg Cheese, Colaslaw & Honey Mustard on European Flatbread
- **Siciliano** Genoa Salami, Mozzarella, Sun Dried Tomatoes, Arugula & Creamy Balsamic Vinaigrette on European Flatbread
- **Chicken Parmigiana** Breaded Chicken, Mozzarella, Marinara Sauce, Fresh Basil, Parmesan Cheese on European Flatbread
- **Chicken Fajita** Grilled Chicken, Roasted Peppers, Cheddar Cheese, Caramelized Onions, Salsa, on European Flatbread
- **The Italiano** Grilled Chicken, Roasted Peppers, Mozzarella, Pesto Sauce, on European Flatbread
- **Club Chicken** Grilled Chicken, Smoked Bacon, Swiss Cheese, Plum Tomatoes, House Dressing on European Flatbread
- **Tuscan** Mozzarella, Plum Tomatoes, Basil, Spinach, Sun dried Tomato spread on European Flatbread
- **Capri** Smoked Turkey, Pepperoni, Provolone, Hot Peppers, Spinach, Oil & Vinegar on European Flatbread

SMOOTHIES

16 OZ **6.00** 20 OZ **7.50**



- **Tropical Fruit** Mango, Banana, Strawberry, Pineapple
- **Happy Money** Banana, Strawberry, Apple, Blueberries
- **Caribbean Style** Papaya, Mango, Banana, Vanilla Syrup
- **Magic Mango** Orange, Mango, Yogurt, Honey
- **Jerome Ave.** Banana, Peanut Butter, Honey
- **Cold Berry** Mix Berries, Orange
- **Bedford Park** Strawberry, Banana, Honey
- **Serch Ali** Pineapple, Banana, Apple, Kale, Ginger, Honey
- **Moon Shine** Mango, Carrots, Beets, Orange, Spinach
- **Fer's Deli** Apple, Banana, Cinnamon, Honey, Papaya
- **Bronx NY** Snickers Bar, Banana, Strawberry, Vanilla Syrup
- **Green Life** Avocado, Kale, Ginger, Apple, Celery, Honey



We Accept all Major Credit Cards



FREE DELIVERY
 \$10 MINIMUM

WE DO CATERING

- SANDWICHES • BURGERS • SMOOTHIES
- SALAD BAR • MEXICAN FOOD • BEER
- CANDY • TOBACCO • GROCERY

2962 JEROME AVE, BRONX NY 10468

347.431.1255

BREAKFAST PLATTER



- Homefries W/ Bacon Or Any Meat, Egg & Cheese 7.00
- Plain Homefries 3.50
- Homefries W/ Egg 5.00
- Homefries W/ Egg, Cheese & Toast 6.00
- French Fries W/ Bacon Or Any Meat, Egg & Cheese 7.00
- Plain French Fries 3.50
- French Fries W/ Egg 5.00
- French Fries W/ Egg, Cheese & Toast 6.00

- Pancakes W/ Bacon Or Any Meat, Egg & Cheese 7.00
- Plain Pancakes 4.00
- Pancakes W/ Banana, Strawberry & Whipped Cream 7.00
- Pancakes W/ Egg 5.00
- Pancakes W/ Egg & Cheese 6.00

- French Toast W/ Bacon Or Any Meat, Egg & Cheese 7.00
- Plain French Toast 4.50
- French Toast W/ Banana, Strawberry & Whipped Cream 7.00
- French Toast W/ Egg 5.00
- French Toast W/ Egg & Cheese 6.00

- Waffles W/ Bacon Or Any Meat, Egg & Cheese 7.00
- Plain Waffles 4.50
- Waffles W/ Banana, Strawberry & Whipped Cream 7.00
- Waffles W/ Egg 5.00
- Waffles W/ Egg & Cheese 6.00

- Sunshine Pancake, French Toast, Waffle, Choice of Any Meat, Egg & Cheese 8.00
- Honey Pancake, French Toast, Waffle, Banan, Strawberry, Blueberries, Pineapple, Fruits, Whipped Cream 10.00

BREAKFAST SANDWICHES



4.00 ROLL BAGEL **6.00 HEROS WRAPS**

- Bacon, Egg & Cheese
- Sausage, Egg & Cheese
- Turkey Bacon, Egg & Cheese
- Turkey, Egg & Cheese
- Omelette Veggie Onions, Peppers, Tomato
- Western Omelette Onions, Peppers, Tomato, Ham & Egg
- Mexican Omelette Onions, Jalapenos, Tomato, Egg
- Greek Omelette Feta Cheese, Onions, Peppers, Tomato, Egg
- Chorizo Omelette Onions, Peppers, Avocado, Egg
- Longaniza Omelette Onions, Peppers, Avocado, Egg
- Hungry Man Bacon, Sausage, Egg, Cheese, Homefries
- Beef Sausage, Egg & Cheese

BAGELS & ROLLS



- Roll or Bagel w/ Cream Cheese 1.75
- Roll or Bagel w/ Cream Cheese & Bacon 3.25
- Roll or Bagel w/ Cream Cheese & Jelly 2.00
- Roll or Bagel w/ Cream Cheese & Turkey Bacon 3.50
- Roll or Bagel w/ Cream Cheese Bacon & Jelly 3.50
- Roll or Bagel w/ Cream Cheese, Turkey Bacon & Jelly 3.75
- Roll or Bagel w/ Peanut Butter 2.00
- Roll or Bagel w/ Peanut Butter & Jelly 2.50
- Roll or Bagel w/ Peanut Butter, Bacon & Jelly 3.75
- Roll or Bagel w/ Peanut Butter, Turkey Bacon & Jelly 4.00
- Roll or Bagel w/ Peanut Butter, Bacon 3.50
- Roll or Bagel w/ Peanut Butter, Turkey Bacon 3.75

BREAKFAST WRAPS



ON A WRAPS 5.00

- Bacon, Egg & Cheese
- Sausage, Egg & Cheese
- Turkey Bacon, Egg & Cheese
- Turkey Sausage, Egg & Cheese
- Turkey, Egg & Cheese
- Ham Egg & Cheese
- Veggie Omelette Onions, Peppers, Tomato
- Greek Omelette Feta Cheese, Onions, Peppers, Tomato
- Nash Chilli Con Carne, Egg, Cheddar Cheese
- Mexican Omelette Jalapeños, Onions, Tomato
- Spinach Omelette Spinach, Eggs, Cheddar Cheese, Avocado
- Cheese Omelette Mix Cheese, Mustard, American Cheese
- Mixteco Omelette Frijoles Beans, Jalapeños, Mexican Cheese
- Chorizo Omelette Chorizo, Egg, Choice of Cheese
- Longaniza Omelette Longaniza, Egg, Choice of Cheese

HOT BEVERAGES

Add Any Syrup Extra \$0.50



	Small	Large
Coffee	1.25	1.75
Decaf Coffee	1.25	1.75
Hazelnut Coffee	1.25	1.75
Chocolate	1.50	2.00
French Vanilla	1.50	2.00
Cappucino	1.50	2.00
Tea	1.25	1.75
Flavors Tea	1.25	1.75
Iced Coffee	2.00	2.50
Iced Decaf	2.25	2.75
Iced Hazelnut	2.25	2.75

MEXICAN FOOD

ENCHILADAS



Chicken w/ Rice & Beans.....13.50

CHILAQUILES

REGULAR 9.50
W/ MEAT 12.50

- Cecina / Salted Beef
- Bistec / Steak
- Pollo / Chicken
- Carne Enchilada / Spicy Beef
- Chorizo/ Sausage



TACOS

Served w/ Onion, Salsa Cilantro, Radish & Lime

- Cecina / Salted Beef 12.00
- Bistec / Steak 12.00
- Pollo / Chicken 10.00
- Carne Enchilada / Spicy Beef 12.00
- Chorizo/ Sausage 12.00
- Al Pastor 12.00
- Carnitas / Pork 10.00

TACOS DORADOS

REGULAR 9.50
5pcs W/ MEAT 12.0

Cheese, Chicken, Potato Served w/ Rice & Beans, Lettuce, Tomato, Onion, Sour Cream & Mexican Sauce

TOSTADAS

9.50
Extra Tostada \$3.00

- Cecina / Salted Beef
- Bistec / Steak
- Pollo / Chicken
- Chorizo/ Sausage
- Carnitas / Pork



NACHOS

Pollo • Bistec • Queso • Cecina 11.00
Chicken • Steak • Cheese • Salted Beef

Camarones 12.50

QUESADILLAS



- Pollo / Chicken 9.50
- Bistec / Steak 9.50
- Cecina / Salted Beef 9.50
- Camarones / Shrimp 12.00
- Mixta (Chicken & Steak) 11.50

MEXICAN FOOD

TORTAS



Pollo / Chicken	7.00
Milanesa de Pollo / Breaded Chicken	7.00
Jamon / Ham	7.00
Chorizo / Sausage	7.00
Carne Enchilada / Spicy Beef	7.00
Cecina / Salted Beef	7.00
Huevo con Chorizo / Egg w/ Sausage	7.50
Milanesa de Res / Breaded Beef	7.00

BURRITOS 9.25



Pollo / Chicken
Bistec / Steak
Carnitas / Pork
Cecina / Salted Beef

FRESH GRILL BURGERS



	Only	Deluxe
• Cheese Burger	5.00	8.00
• Veggie Burger	5.50	8.50
• Bacon Cheese Burger	6.50	9.50
• Mexican Burger	7.50	10.50

Pico de Gallo, Avocado, Cheese

Ketchup, Chipotle Dressing

• Pizza Burger	6.00	9.00
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Pepperoni, Tomato Sauce, Mozzarella Cheese

• Turkey Burger	5.50	8.50
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SIDE ORDERS

• French Fries	3.00
• Curly Fries	3.50
• Onion Rings	3.50
• Season Fries	3.50
• Home Fries	3.50
• Tostones	3.50
• Buffalo Wings (6pcs)	5.50
• Mozzarella Stick (6pcs)	4.50
• Chicken Fingers (4pcs)	4.50
• Chicken Nuggets (6pcs)	5.00
• Grilled Cheese	4.00
• B.L.T. Roll 5.00 Hero or Wrap 6.00	

COMBINATION SANDWICHES

6.00 ROLL **7.00 HEROS WRAPS**

- Amsterdam (Cold) Honey Turkey, American Cheese, Lettuce, Salt, Pepper, Oil, Vinegar
- Italian (Cold) Ham, Salami, Pepperoni, Onions, Lettuce, Tomato, Sweet Peppers, Hot Peppers, Provolone Cheese, Oil, Vinegar, Salt & Pepper
- Habibi (Cold) Salsalito Turkey, Pepper Jack Cheese, Lettuce, Tomato, Salt, Pepper, Oil, Vinegar
- Harlem Time (Hot) Chopped Burger, American Cheese, French Fries, Lettuce, Tomato, Ketchup, Mayo
- Tex Mex (Hot) Roast Beef, Onions, Peppers, Cheddar Cheese, Lettuce BBO Sauce
- Manhattan (Hot) Turkey, Bacon, Swiss Cheese, Lettuce, Tomato, & Ranch Dressing
- Hey Bro (Hot) Chicken Cutlet, Bacon, Cheddar Cheese, Lettuce, Tomato & Ranch Dressing
- The Broadway (Hot) Pastrami, Swiss Cheese, Fried Onion, Pickles, Lettuce, Tomato, Mustard
- Times Square (Hot) Pasta Chicken, Mozzarella Cheese, Roasted Red Peppers, Spinach, Tomato
- The Mexican (Hot) Chipotle Chicken, Grilled Onions & Peppers, Pepper Jack Cheese, Avocado, Chipotle Mayo
- Meatball Parm (Hot) Meatballs, Marinara Sauce, Mozzarella Cheese, Fresh Basil
- Chicken Parm (Hot) Chicken Cutlet, Marinara Sauce, Mozzarella Cheese, Fresh Basil
- Tuna Melt (Hot) Tuna Salad, Cheddar Cheese, Lettuce, Tomato
- Fish Fillet (Hot) Fried Fish, American Cheese, Lettuce, Tomato, Tarta Sauce
- Jerome (Hot) Chicken Cutlet, Mozzarella, Avocado, Lettuce, Tomato, Mayo
- Bedford Park (Hot) Turkey, Swiss, Bacon, Avocado, Lettuce, Tomato, Mayo
- Grand Concourse (Cold) Salsalito Turkey, Pepper Jack Cheese, Avocado, Pico de Gallo, Lettuce, Chipotle Mayo
- Lehman (Hot) Grilled Chicken, American Cheese, Grilled Onions, Grilled Peppers, Doritos Chips, Lettuce, Tomato, Salt & Pepper, Oil, Vinegar, Mayo
- Cubano (Hot) Ham, Roast Pork, Swiss Cheese, Pickles, Mojito Sauce
- Philly Cheese Steak (Hot) Steak, American Cheese, Onions, Peppers, Lettuce, Tomato, Ketchup, Mayo

